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Alcohol Awareness

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[http://www.theskillsnetwork.com/  
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## Online Distance Learning Course



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Alcohol misuse costs England around £21 billion in healthcare and crime every year. This cost varies from young people who overindulge on a night out and end up in hospital, to older people who are alcohol dependent or alcoholics.

Have you ever thought about how you could make a difference? Well, this course is designed to help raise awareness around alcohol misuse.

Our auto-marked course helps you understand the key dangers surrounding alcohol and how to avoid putting yourself or others at risk.

- Place of study: **Learn from home**
- Type of course: **Online distance learning course with no exams**
- Course duration: **An average of 3 hours**

Full customer service support will be provided throughout the course.

There are six parts to the course:

- **Alcohol unit strengths**
- **Alcohol misuse**
- **Effects of alcohol misuse**
- **Health issues**
- **Withdrawing from alcohol**
- **Help and information**

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